



# LAUGH dance MOVE PLAY PURE FUN

**EVERY SESSION INCLUDES: 1<sup>st</sup> Class is free for new students!!! Athletic Shoes MUST be worn! Bring Water!**

- High Energy Dance Parties
- Fun With Friends
- Relay Races
- Fitness Games
- Arts & Crafts
- New Music Mixes
- End of Session Performance
- So Much More

**Location:** Wolf Canyon Elementary School – Room 306 **Grades:** All (Kinder and below with escort)

**Date:** Mon April 4<sup>th</sup>-Mon May 23<sup>rd</sup> 2016

**Time:** 3:30 pm – 4:30 pm

**Price:** 8 week program \$65 (\*sibling discounts available!) (Limited partial/full scholarships available)

**Please send check and signed release form to: Christine Guevara,** (Cash or Check, Can make payments or postdate a check). Contact: # 619.318.9871 email: [CreativeChristiJazz@aol.com](mailto:CreativeChristiJazz@aol.com)

Please send Payment and SIGNED Release Form with child to FIRST class.

Child's Name \_\_\_\_\_ Parent's Name \_\_\_\_\_ Email: \_\_\_\_\_ Grade \_\_\_\_\_  
 Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_ Phone(C) \_\_\_\_\_  
 Parent's/Guardian's signature \_\_\_\_\_ Health \_\_\_\_\_  
 Concerns \_\_\_\_\_

\* My child or children are under the age of eighteen and wish to participate in the Junior Jazzercise Program or Kids Night Out. I warrant that I have legal authority to sign a release from liability and negligence for my child or children. In exchange for permission for my child or children to participate in the Junior Jazzercise Program or Kids Night Out, I hereby grant the following release from Liability and Negligence. On behalf of my child or children and myself, I release and hold harmless Jazzercise, Inc., its officers, directors, employees, agents, landlords, lessees, sponsors and franchisees (hereafter the "Released Parties") and the AVPTA officers from any and all liability for injury to the person or property of my child or children caused in any manner, including the simple, active or passive negligence of the Released Parties, by participation by my child or children in the Junior Jazzercise Program.\* I acknowledge that the Junior Jazzercise Program is designed to stress the heart, lungs, cardiovascular and circulatory systems, muscles, joints, ligaments and tendons in an attempt to improve muscular strength and cardiovascular fitness. I acknowledge that my child or children and I am aware that my child or children should warm up prior to engaging in Junior Jazzercise and should stretch upon completion of these activities. I acknowledge I have been advised to consult with the physician for my child or children with respect to any past or present injury, illness, cardiovascular problem, knee problem, joint problem or any other condition or medication that may affect participation and ability to participate in and to endure the exercise programs for my child or children. I acknowledge that I have discussed with the physician for my child or children the appropriateness of the Jazzercise Program in connection with any illness or condition that my child or children now have or have previously had and that I knowingly execute this release from liability and negligence on behalf of my child or children and myself.